

30-60-90 Day SOC Analyst onboarding checklist



Days 0–30

Foundations and familiarization

Focus: Understand the SOC ecosystem, tools, and workflows while building core defensive fundamentals and learning what meaningful signals look like in practice.

Goals:

- Get oriented with SOC processes, tooling, and team workflows
- Learn the fundamentals of alert triage, detection, and escalation
- Begin hands-on defensive learning tied to real SOC activity

HTB Academy Content:

- Security Monitoring & SIEM Fundamentals
- Intro to Network Traffic Analysis
- Working with IDS/IPS

Defensive Labs:

- Meerkat
- Blue Team Fundamentals (BFT)

On-the-job activities:

- Assigned onboarding buddy or mentor
- Shadow live alert triage and investigations
- Attend regular 1:1 check-ins
- Review dashboards, alert queues, and ticket workflows
- Begin distinguishing high-signal alerts from background noise

Milestones:

- Completes orientation and foundational Academy modules
- Demonstrates familiarity with SOC tools and workflows
- Begins contributing to low-priority alert triage
- Understands escalation paths and response expectations



Days 31–60

Practice and situational awareness

Focus: Build confidence using SOC tools and processes while transitioning from guided learning to independent analysis and response.

Goals:

- Handle alerts with minimal guidance
- Detect anomalies and correlate data across sources
- Participate in mock incidents or threat-hunting activities
- Understand how detection and triage decisions impact response outcomes

HTB Academy Content:

- Network Traffic Analysis
- Detection Engineering
- Windows Logging Fundamentals
- YARA & Sigma for SOC Analysts

Defensive Labs:

- Exitiabilis
- Pulse
- GroundZero

Threat Range: Participate in realistic defensive scenarios to assess:

- Investigation depth and prioritization
- Decision-making under pressure
- Communication and collaboration
- Tool and process confidence

On-the-job activities:

- Resolve real alerts using internal playbooks
- Submit detection or tuning suggestions
- Participate in incident retrospectives or threat hunts

Milestones:

- Completes intermediate Academy modules
- Confidently manages alert queues
- Contributes to post-incident reviews
- Completes first Threat Range benchmark



Days 61–90

Autonomy and progression

Focus: Take end-to-end ownership of investigations and demonstrate readiness for long-term contribution and growth.

Goals:

- Own investigations from detection through response
- Take responsibility for a security domain (EDR, threat intel, log tuning, etc.)
- Complete advanced labs or full attack-chain simulations
- Demonstrate consistent, high-quality decision-making

HTB Academy Content:

- Threat Hunting
- YARA Rules
- Malware Traffic Analysis

Defensive Labs:

- HorsePanda-D
- Superset-D
- Ore

Threat Range:

- Defend against full scenarios testing detection quality, escalation accuracy, and response speed
- Where possible, scenarios aligned to the organization's tooling stack

On-the-job activities:

- Lead a mock incident or create internal training material
- Propose new alert logic or automation ideas
- Support or mentor incoming analysts

Milestones:

- Completes full onboarding plan
- Completes Threat Range readiness scenario
- Demonstrates independent, end-to-end analysis
- Defines next six-month development goals with manager (certification or skill milestone)

Bonus tips for managers

- Set clear expectations tied to 30–60–90 milestones
- Use hands-on labs and Threat Range to validate real-world readiness
- Track progress transparently and benchmark consistently
- Encourage collaboration and knowledge sharing
- Use HTB reporting to identify skill gaps early